

# Catherine M. Gallagher

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## OBJECTIVE

Exhilarated dietetics student anxious to attain a dietetic internship focused on pediatric, community, or sports nutrition in order to improve overall health.

## EDUCATION

Miami University, Oxford, OH

- Bachelor of Science in Kinesiology and Health, **expected May 2015**
- Major: Nutrition – Dietetic Concentration and Health Promotions. Overall GPA: 3.38/4.0

## RELEVANT EXPERIENCE

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### Cleveland Clinic Volunteer

**June - August 2014**

- Aided in many projects throughout the Cleveland Clinic with dietitians on the main campus. Work areas and shadow experiences in the areas of: Home TPN, Sports Nutrition, General Internal Medicine, Oncology, Pediatrics, and Bariatrics.
- Trained almost 300 PCNAs on new meal consumption protocol throughout the hospital.
- Developed a pictorial system in order to more effectively communicate with non-English language speaking patients.
- Aided in multiple research projects conducted by dietitians throughout the hospital.
- Conducted food demonstrations and nutrition education for healthy eating workshops.

### Athlete Nutrition Consultation with Nickolas Kelly, Job Shadow Experience

**August 2013**

- Observed the process of nutrition consultation with dietitian Nicholas Kelly and his client while studying the assessment and consulting process in order to give the client optimal feedback

### Leadershape Institute

**June 2012**

- Participated in the Leadershape Institute to further my knowledge of my leadership character and the most effective leadership qualities.
- Completed self-assessments that taught me more about my personality type and how to employ those characteristics to further benefit my leadership skills.

### Student Member of the Academy of Nutrition and Dietetics

**September 2012 – Present**

- Continuously developing my knowledge of current nutrition and health research through regular research publications.

### Oxford Community Obesity Workgroup

**September 2014 – Present**

- Discussed, planned, and promoted community programs that would improve the health status of the Oxford community through activities and educational events.

## STUDY ABROAD

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### Health Care in the Gambia

**May – June 2014**

- Investigated the “double burden of malnutrition” by collecting research related to the increasing rates of obesity alongside the prevalence of severe to moderate malnutrition.
- Shadowed clinics, hospitals, and schools throughout the country of the Gambia.
- Conducted nutrition education regarding hypertension and blood pressure at blood pressure screenings.
- Discussed national health problems with leaders in the Ministry of Health and Social Welfare, as well as the World Health Organization, the Peace Corps, and the U.S. Embassy.

## **WORK EXPERIENCE**

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**Miami University Intramural Sports, Oxford, Ohio**  
Intramural Volleyball Referee

**September 2012 – Present**

- Judge volleyball games and enforced sportsmanship and teamwork. Market the intramural program as well as encourage active lifestyles through sports.

**Hooley House Pub and Grill, Mentor, Ohio**  
Server

**June 2012- Present**

- Serving guests and completing take out orders, communicating between the customers and the rest of the restaurant staff. Cleaning and maintain restaurant

**Marcum Inn at Miami University, Oxford, Ohio**  
Catering Server

**September 2013 – Present**

- Set up and decorate the dining room and aid in food presentation. Serve guests during the event.

## **CAMPUS INVOLVEMENT**

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Fundraising Chair for Women's Volleyball Club

**May 2013 - Present**

- Organize effective events to raise money for the club.
- Collaborate with my fellow executive members to assure organization, funding, and other events.

Student Association of Nutrition and Dietetics

**September 2011 - Present**

- Plan and organize the biannual nutrition conference on campus and engaged and devoted to promote health and nutrition through events to the student body.

## **MEMBERSHIPS**

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Academy of Nutrition and Dietetics  
*Member:*

**September 2012 – Present**

- Utilized provided resources such as the Nutrition Care Manual to complete assignments for Medical Nutrition Therapy.
- Completed the Evidence Based Library Tutorial for continuing education.

## **CERTIFICATIONS**

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Adult CPR/AED Certified  
*American Red Cross*

**September 2014 - 2016**