

5. Determine at least one goal and expected outcome for one of the diagnoses above. Are these goals individualized to the patient's needs?

one goal would be to inc. Ca & vit. D intake. & monitor sugar intake.

Drink of or almond milk fortified with Ca/vit. D. Consider supplementation.

6. Using the information you have gathered, write a nutrition prescription for this patient that concisely states his recommended dietary intake of foods and/or nutrients based on his nutrition diagnosis.

7. Give one or two examples of how you might further define the care that will be provided to J.T. in terms of timing and frequency.

J.T. should consume two 8 oz. glasses of either of or almond milk per day; one with breakfast and one with D.

8. Name one authoritative resource that will assist you to utilize standardized language to describe your nutrition interventions.

NCP or AND

9. What additional resources or referrals may enhance your nutrition care of this patient and his family?

A social worker, online resources, educational handouts, food lists