

Worksheet 19-3: Charting Exercise for Hematological Disease

ADIME

Write an ADIME note documenting the education session you had with M.M. advising his mother on the recommended strategies for increasing dietary and supplemental iron and the rationale for the recommendations. Be sure to identify the nutrition problem that is the rationale for your recommendations in your chart note, the etiology of the nutrition problem, and the signs and symptoms that support evidence for the nutrition problem in the form of a PES statement as well as your plans for intervention(s), monitoring, and evaluation.

A: 4 yr old, ID male.
 overall consumption of 15 mg^{iron}/day based on
 24-hr recall, DRI = 10 mg

D: ~~iron deficiency anemia based on~~

iron deficiency r/t knowledge deficit
 as evidenced by 24-hr recall.

I: Provide list + suggestions of iron
 sources. (Dietary)

* E: Upon follow-up, review food diary/ 24-hr
 recall. ~~Be~~ Monitor iron levels in the blood
 (hemoglobin levels). ~~Provide~~ Provide patient
 with high iron sources list.
 transferrin, iron binding affinity, +
 monitor patient compliance.